

# define

SUPPORTS HEALTHY METABOLISM

Reach your ideal healthy body composition by enhancing your metabolism and stimulating the use of stored fat for energy. OneBodē™ Define contains a Proprietary Metabolic Blend, vital minerals and herbs to support factors for appetite control, digestion of fats and natural energy production.

Nutrients such as Garcinia cambogia, Citrus aurantium, Rhodiola crenulata, conjugated linoleic acid and amino acid chelated chromium create an effective combination to support healthy weight management.\*\*

## Suggested Uses

- Enhance metabolism \*\*
- Curb sugar cravings and support balance of blood sugar levels\*\*
- Process fats for energy versus storage \*\*
- Diminish mood swings \*\*
- Improve energy levels and combat fatigue \*\*
- Support thyroid function \*\*

## Recommended Use

As a dietary supplement, take 2 capsules 30 minutes before breakfast and 1 capsule 30 minutes before lunch or as directed by a health professional.

## Supplement Facts

Serving Size: 2 Capsules  
Servings per container: 45

	Amount Per Serving	% Daily Value
<b>Magnesium</b> (as amino acid chelate)†	27 mg	7%
<b>Zinc</b> (as amino acid chelate)†	13 mcg	< 1%
<b>Copper</b> (as amino acid chelate)†	34 mcg	3%
<b>Manganese</b> (as amino acid chelate)†	13 mcg	< 1%
<b>Chromium</b> (as amino acid chelate)†	426 mcg	355%
<b>Lipase</b>	427 LU	*
<b>Proprietary Metabolic Blend</b> [ Garcinia Cambogia Fruit (Citrin K <sup>®</sup> ), Citrus Aurantium Fruit Extract, Guggul Gum Resin Extract (Commiphora mukul), Green Tea Extract (Camelia sinensis), Yerba Mate Leaf Extract (Ilex paraquarensis) ]	387 mg	*
<b>Glucosmannan</b> (from Konjac root)	133 mg	*
<b>Metabromine<sup>®</sup> ‡</b> (from cacao fruit, Theobroma cacao)	133 mg	*
<b>L-Tyrosine</b>	67 mg	*
<b>Rhodiola Root Extract</b> (Rhodiola crenulata)	67 mg	*
<b>Conjugated Linoleic Acid</b> (from safflower oil)	53 mg	*
<b>Cellular Delivery System</b> (Molasses, Amylase, Protease I, Protease II, Peptizyme SP <sup>®</sup> (Serrapeptidase), Lipase, Invertase, Cellulase, Lactase, Maltase, Hemicellulase.)	13 mg	*
<b>Ginger Root</b> (Zingiber officinale)	7 mg	*
<b>Soybean</b> (non-GMO)	7 mg	*

\*Daily Value not established.

**Other ingredients:** Vegetable capsule, beet root, bamboo extract, vegetable derived magnesium stearate

\*\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

†Amino acid chelates supplied by Albion Advanced Nutrition. Chelates covered by Albion International, Inc. US Patents 4,599,152; 4,830,716 and 5,292,729.

‡Metabromine<sup>®</sup> is a registered trademark of Triarco, Inc.

90 Capsules \* Vegetarian \* Gluten Free  
Cellular Delivery System

ONEBODĒ

1-888-574-3341